In the next issue - March/April 2014

Hope for the Future
God has a Plan
The Lord Provides
Finding Peace in Troubled Times

Why not give the Bread of Life as a gift to your friends, to your children, parents, in-laws, to your relatives, or your church prayer group? Because the Bread of Life is:

Uniquely Canadian • Uniquely Catholic Renewal
Uniquely Prophetic Teaching

Thank you for spreading the word about the Bread of Life Magazine
C.C.S.O. Bread of Life Renewal Centre
P.O. Box 127, Burlington, ON L7R 3X8

Visit us on our website: www.thebreadoflife.ca
Faith is necessary for salvation. The Lord, Jesus, himself affirms: “He who believes and is baptized will be saved; but he who does not believe will be condemned” (MK 16:16). We begin our journey of faith with baptism into Christ Jesus. Faith is more than a set of truths we believe and profess; faith is our relationship with the Lord Jesus Christ in the power of the Holy Spirit as he leads us to the Heavenly Father in the wonder of his love.

To live our faith we must confess Jesus to be Lord, our Lord, and we must believe in our hearts that he has been raised from the dead. The promise of Jesus is that we will be saved; we will inherit eternal life in the kingdom of heaven. If we do not believe in Jesus we may well miss out on the kingdom prepared for us.

Many people have great concern for children and others who say they don’t believe in God or who live as if he doesn’t exist. We pray for them, encourage them to practice their faith but often they set faith aside because they have other priorities and their focus is on what this world offers, not the next. For the most part they believe in God but just don’t know him, and only turn to him when they have a need they can’t handle themselves. We really don’t want to consider that our loved ones could be condemned but it is a real possibility if they culpably reject the Lord. The only sin that can’t be forgiven is the sin against the Holy Spirit and we understand that sin to be the firm refusal to accept God’s grace at the moment of death, final impenitence.

God never gives up on offering us salvation, but our choice to accept it or not must be made during this life. We don’t get a second chance after death, but in this life God’s forgiveness is always available to us whenever we sincerely turn to him repenting of our sin.

Faith is essential to living a good and happy life, to being in right relationship with God and others, to being rightly integrated, body, mind, heart and spirit within ourselves.

COUGHLIN, Rev. Dr. Peter B., Editor of The Bread of Life magazine, has a Doctor of Ministry degree from the Graduate Theological Foundation. Currently pastor of St. Andrew parish in Oakville, Ontario he continues to serve the renewal of the Church through the Charismatic Renewal and the ministry of healing.
Faith Alive

Photography and Cover Design: Maureen Evans

Feature Articles

3 What is Faith?
Miriam Wright

8 Unity in the Body of Christ
Peter Thompson

11 When Coincidence is Not
Kevin Stoos

16 Activating Heroic Faith
Lisa Radice

19 Faith Without Works is Dead
Fr. Robert Hetu

26 Let it Be
Brian Smith

29 Jesus: A Peaceful Oasis
Michael R. Tovrea

33 Science and Light of Faith
Don DeMarco

www.thebreadoflife.ca

Our Mission is to promote a deeper understanding of the Holy Spirit and His presence in the lives of God’s people.
Miriam Wright

What is Faith?

“For truly I tell you, if you have faith the size of a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you” (Mt 17:20). This is one of 17 passages in the Gospel of Matthew that speaks of faith. “Faith,” or its synonym “believe,” appears over 800 times in Scripture. As the Word of God is primarily concerned with salvation, it is clear that faith is vital for salvation! But, what is faith?

Some propose that faith is a guarantee of health, wealth and success in the world. Although this would be a sweet deal, it is not consistent with Scripture. Nor is faith following a set of rules to avoid hell. I recently heard someone call that “fire insurance!”

The word “faith” comes from the Latin “fidere” which means “to trust.” Oxford defines “faith” as “complete trust in someone or something.” Human faith is trusting someone, such as faith in a friend to give you accurate driving directions. For supernatural faith, God is the Someone in whom we place our trust. Oxford also defines “faith” as “a strong belief in the doctrines of a religion based on spiritual conviction rather than proof.” A simple overall definition might be “complete trust in God and God’s commands.”

Hebrews 11:1 declares: “faith is the assurance of things hoped for, the conviction of things not seen.” The Navarre Bible commentary on this verse suggests that the author does not intend to provide a definition, but rather a description of the “essence of [the virtue of faith], linking it to hope in future things and to certainty concerning supernatural truths. By means of faith, the believer acquires certainty concerning God’s promises to man, and a firm conviction that he will obtain access to heaven.” Faith is confident trust in God now that promises hoped for will be fulfilled in the future;
and, belief now in things not seen, but which will be seen in the future if we remain faithful. Unlike hope which is future-oriented, faith is present-oriented. It is now that we need to trust because it is only in the present moment that we make choices.

Choosing to trust requires knowledge. If a complete stranger approaches you and promises to heal you if you pay him $1000 for his amazing pills, would you trust him with your health? The Navarre commentary explains that “man can know things by direct evidence, by reasoned proof or by someone else’s testimony.” In the case of supernatural faith God provides the testimony. As God is the Supreme Truth, “the knowledge provided is most certain.” In fact, accepting the knowledge is more than a good idea. We are “obliged to render by faith a full submission of intellect and will.” We are obliged to obey divine revelation and God helps us to do so! “With the inspiration and help of God’s grace, we believe that what he has revealed is true – not because its intrinsic truth is seen by the natural light of reason, but because of the authority of God who reveals it, of God who can neither deceive nor be deceived.”

The Catechism states: “Faith is necessary for salvation. The Lord himself affirms: ‘He who believes and is baptized will be saved; but he who does not believe will be condemned’” (Mk 16:16) (CCC83). “Faith is a supernatural gift from God. In order to believe, man needs the interior helps of the Holy Spirit” (CCC 179).

Faith is a necessity. Faith is a command. Faith is a gift. And, faith is a choice. We all have free will. We are commanded but not forced to believe. And, we are responsible for our choice! The root sin of the world is unbelief, choosing not to believe (and obey) in spite of divine revelation. Even those who have made the fundamental choice for faith do believe and obey perfectly. Our faith must continue to grow to make the journey from fear and self-reliance to full confidence and trust in God. Faith grows through our obedience and reliance on God’s mercy and love. It is in the events of our daily lives that we must decide whether to trust God, his promises and his path to life, or whether we will rely on ourselves. Each trial and difficulty presents a choice. Faith is the opposite of practical atheism: living as if you do not need God. If faith is strong, we will progress in our journey towards union with God. If it is weak, we may progress only slowly, or perhaps even backslide. To be alive, we must actively practice our faith.

With FAITH ALIVE, we will grow in our understanding of what it means to be a beloved child of God. We will submit to God’s will because we trust the Father to bring blessing out of all things. So faith is a sustained commitment to fully believe and radically live the truth that God is my Father and that his promises are being fulfilled because of the merits of Jesus, through the power of the Holy Spirit. Faith is constantly choosing Christ as the centre of my life; taking myself off
the throne and replacing my plans, desires, expectations and priorities with his. It is through this continual submission to Jesus as Lord that we move from darkness to light, from bondage to freedom and that we learn to live more fully in the truth of our identity and destiny as a child of God. It is only as a beloved child of God that we are able to share in the divine relationship between the Father, Son and Holy Spirit. It is as a child of God, that we are able to share in his inheritance...heaven.

In paragraph one of his Apostolic Letter Porta Fidei, Pope Benedict asserts: “The ‘door of faith’ (Acts 14:27) is always open for us, ushering us into the life of communion with God and offering entry into his Church. It is possible to cross that threshold when the word of God is proclaimed and the heart allows itself to be shaped by transforming grace. To enter through that door is to set out on a journey that lasts a lifetime. It begins with baptism (cf. Rom 6:4), through which we can address God as Father, and it ends with the passage through death to eternal life, fruit of the resurrection of the Lord Jesus, whose will it was, by the gift of the Holy Spirit, to draw those who believe in him into his own glory (cf. Jn 17:22). To profess faith in the Trinity – Father, Son and Holy Spirit – is to believe in one God who is Love (cf. 1 Jn 4:8): the Father, who in the fullness of time sent his Son for our salvation; Jesus Christ, who in the mystery of his death and resurrection redeemed the world; the Holy Spirit, who leads the Church across the centuries as we await the Lord’s glorious return.”

Although the recent Year of Faith has come to an end, let us continue to respond to the “summons to an authentic and renewed conversion to the Lord, the One Savior of the world.” (Porta fidei 6) May our faith continue to increase as we lovingly submit to God in all things for His Glory and our blessing!

Miriam and her husband Bill are members of St. Patrick’s parish in Burlington. She is a mother and delighted “Oma” of two grandchildren. Miriam works full-time as a Manager of Information System and is working on a Masters of Theology and Christian Ministry. She is a member of the Bread of Life Editorial Board and the Board for Renewal Ministries Canada. Her passion is the New Evangelization: leading others to experience a personal Pentacost and Freedom in Christ so that they may live forever in the blessing of being a beloved child of the Father.
Expectant Faith

To become more Christ like we must go through a process of spiritual growth. In baptism we are given a unique gift of faith that needs to be nurtured and developed. The process of spiritual growth takes us from milk to solid food, from being fed to feeding ourselves, as we learn from the Lord Himself, as we are taught by the Holy Spirit. God’s intent is to lead us to become true icons of his Son who was filled with the Holy Spirit, was led by the Spirit, walked in step with the Spirit and was empowered in his ministry by the same Spirit.

There are certain unique or crucial moments in our lives when change and transformation take place. Our life’s direction can be changed as we are first changed. Certain experiences can change the way we think about God, ourselves and people in our lives. Even the way we live can be changed, the lifestyle we choose. At every step on the journey of faith we can become a bit more like Jesus, taking on his character, his vision and goals. Being rooted in objective truth about God will keep us on a sure path to maturity in which our faith knows no limits. Our vision can be raised, our sense of calling heightened, as we entertain eureka moments in our lives.

Spiritual growth and personal transformation involve growth in faith. Faith is a matter of what we do, “I will prove to you that I have faith by showing you my good deeds” (James 2:18). “Faith is dead if it is separated from good deeds” (James 2:26). “If there are any wise or learned men among you, let them show it by their good lives, with humility and wisdom in their actions” (James 3:13). The experience side of faith is believing in God, trusting in the Holy Spirit.

We can have an intimate person-to-person relationship with him that involves trust, dependence and giving ourselves fully to his leading. Jesus says that for us to really “know” the truth is not just to believe the truth but also we have to obey it. Our Christianity is truth, but it is truth in action. It is the truth that we know and do that frees us and makes the impossible possible.

In both the Old and New Testaments we see God speaking to his people in dramatic and sometimes even startling ways: in dreams and visions, inner impressions, through angels, tongues and interpretations, words of wisdom and knowledge, through discernment of spirits, preaching, teaching, witnessing, prophesying, through various circumstances and even in personal appearances. For example, in the eighth chapter of Acts, Philip is lead to the Ethiopian eunuch through angelic visitation, the Holy Spirit speaking directly to him, and the Spirit even bodily transports him to Azotus. We should expect God to speak to us in a variety of ways as the Bible clearly teaches us. The key to hearing God’s word or direction is knowing his voice (John 10:3) and to know the voice of God we need to
Good works are the result of dependence on the Holy Spirit. It is only when we get to the point where we totally abandon any confidence we had in our own strength, our gifts and talents, that we become fit vessels for the Holy Spirit, that we can have complete and continuing dependence on God. We can do nothing without the Lord. We should try to cultivate a fertile environment for the Holy Spirit to use us as he wishes to do to build up not only individuals but the Church and to advance the kingdom of God.

It is important for us to keep our hearts clean, to have regular confession and repentance; to call often for the Holy Spirit’s presence and power to be active in our lives. Just as we thirst more and more for the Holy Spirit so we must walk with the Spirit and make ourselves available to be used by the Holy Spirit through obedience to his word. For the Spirit to be at work in and through us we need to be where God wants us to be, doing what God wants us to do. Since we live by the Spirit we must keep in step with the Spirit. We must act on the prompting of the Spirit, on what we learn from the word of God. Otherwise our belief and our knowledge are not authentic.

Faith is characterized by people believing God’s word regardless of their circumstances, knowing God will act as we follow the Spirit’s lead and exercise the charismatic gift of faith that can move mountains.

Jesus was given all authority as recorded at the end of Mark’s Gospel and he has given authority to his apostles and disciples. Jesus had proclaimed and demonstrated the kingdom with signs and wonders, miracles, healings and deliverances. The apostles and disciples continue to teach what they heard and to do what Jesus did in healing and setting free. Believers today still do the same through the empowerment of the Holy Spirit.

Expectant faith is anticipation with a growing assurance that God will do what he says he will do. We believe by faith that God through the Holy Spirit will not only meet our needs, but he will change us and fulfill his purposes in and through our lives of faith. We develop expectant faith in our daily walk in company with the Holy Spirit and in our ongoing personal relationship with him. We must believe that God is at work in us and will bring forth his purposes, fulfilling his plan in our lives. Remember though, it requires both patience and persistence.

Jesus commanded us to heal the sick and so we pray for the sick expecting much, even the impossible. That doesn’t mean that the results will be perfect but healing in some form always happens when we pray. Not everyone receives the healing they ask for. That does not mean that they are lacking in faith. We can have mixed motives in asking for healing; we may still have something to learn from the infirmity; the Lord may want to use it as a blessing for another; a person may be fearful of being healed; the person might not really believe God will heal, or that it will take awhile, or it’s too big or too small a thing to ask for. But God is God and does as he pleases in his way and in his timing.

Expectant faith is important and necessary in walking with and trusting the Spirit to act. Expect much – expect the impossible! And may it be done for you!

COUGHLIN, Rev. Dr. Peter B., Editor of The Bread of Life magazine, has a Doctor of Ministry degree from the Graduate Theological Foundation. Currently pastor of St. Andrew parish in Oakville, Ontario he continues to serve the renewal of the Church through the Charismatic Renewal and the ministry of healing.
Unity in the Body of Christ

"I pray that all may be one........" Jn.17:21.

These words of Jesus have resonated throughout the centuries. A cry from the Lord’s heart as He prepared His Apostles for His Passion and Death. Jesus knew He would defeat death, rise from the grave, but also leave us and return to His Father. Jesus knew that this little band, this fragile few, would need amazing grace. The grace of the Holy Spirit to lead them forth and to equip successive generations, with the power needed to not only proclaim but to remain faithful to the Gospel.

Jesus was also acutely aware of the fallen state of humanity, knowing full well that even with access to immeasurable graces, His body the Church would be torn apart by divisions, factions, jealousy, schisms, heresy and outright apostasy.

It is no wonder that this prayer of Our Lord Jesus Christ would be; under the inspiration of the Holy Spirit included in John’s Gospel. Even within a few short years following Pentecost, we have seeds of division being sown by the enemy. Veiled in false religiosity the Judaizers were insisting that Gentile converts be subject to Jewish law, with all the externals of legalism. In Acts 15, we have recorded for us this first Council of the Church held at Jerusalem where the Apostles, led by St. Peter issue the first canonical laws governing the Church. Here the Holy Spirit acting through the Apostles (the first Bishops) guide the people of God, preserving unity and defining practices for the whole Church to obey.

Sadly in spite of the guidance of the Holy Spirit, there were those who refused to submit to the God given authority given to Peter and the Apostles. We read in the New Testament, where there are repeated calls for the new Christians to hold fast to Faith, to be of one heart and one mind. To bear with one another. To build one another up in love. We
sometimes mistakenly believe that the early Church was the model of Christian love and unity. Certainly vast numbers manifested that love, as Tertullian mentions, what pagans said of Christians. “See how they love one another.” In reality Christ’s warning concerning wolves entering the sheepfold, would be a constant threat to the body, and it is to this day.

Old heresies continue to rear their ugly heads bringing division and disunity. There is strong evidence that Simon Magus of Acts 8:9-24, who wanted to buy the power of conferring the Holy Spirit (Sin of Simony) went to Rome and established a parallel heretical church, in opposition to St. Peter that was Gnostic in its teaching. That they have a direct link to God superior to the Apostles. We see this today in those who reject the Magisterium, putting themselves above the teaching authority of the Catholic Church.

If we find ourselves tempted to deny even one teaching of Holy Mother Church, on either faith or morals, we should immediately repent, putting to death the ancient seduction of the serpent to the sin of pride. St. Paul appeals to the Ephesian Church, Eph.4:1-6, for them to preserve unity amongst themselves. He pleads with them, reminding them that it is the Holy Spirit who is the origin of this unity who binds us together in love and obedience. St. John Paul II spoke to the Church calling us to be “docile to the Spirit”. In other words teachable. It would be good for us to memorize these verses of St Paul in Ephesians so that they become an integral part of our thinking, reminding us constantly amongst themselves that there is but one body, one Lord, one faith, one baptism. We have been called by Christ, chosen by him, lifted out of the quagmire of sin and division, forgiven and set free. He calls us to live holy lives manifesting the marks of holiness, “the fruit of the Spirit”(Gal.5:22-23). Paul tells us that we are accountable, responsible before God to make every effort to preserve unity. I need to ask myself regularly. Am I building unity in the body? Do I gossip, complain, tear down, constantly criticize in my thoughts and words? Or do I actively build up, forgive, bite my tongue, hardly even notice when I am wronged or irritated by others?

Do I allow my mind and thinking to be influenced by those who sow seeds of division in the Church? In Eph.4:14, St.Paul warns against false teachers who are clever in their speech, proposing errors that cause confusion in people’s minds.

The tragedy is that to this day, the seamless garment of Christ is ripped apart by divisions within the body. It is an ongoing scandal to the world, the state of Christendom today with its multitude of denominational divisions, and even within the One, Holy, Catholic and Apostolic Church, founded by Christ there are those who purport to be Catholic in faith and practice, yet deny not only the authority given to St. Peter and his successors, but the very doctrines of our faith. To deny even one article of faith or moral teaching is to cease to be Catholic!

Our task as Catholic Christians is to
repent for the sins of division, to beg for God’s mercy and to offer prayer and sacrifices for the restoration of full unity within Christendom. To take unto ourselves the prayer of Christ. “That they be one, as you Father, are in me, and I in you.”

We are called to be witnesses of love and unity within the body, the Church. As St. Peter tells us in 1 Peter 3:15. **Be always ready to give the reason for your hope, but speak with gentleness and respect.**

The reason for our hope is none other than the person of Jesus Christ. The fullness of that faith in Christ resides in the One Church that Christ founded. The One, Holy, Catholic and Apostolic Church (Matt. 16:18). We who were baptized into Christ and nurtured within his Church have so much to be thankful for. We through no merit of our own, have inherited the faith passed on through countless generations. Our parents, grandparents, great grandparents and countless generations before have handed on the faith of our fathers (2Tim.1:5). They, each in turn had to embrace the truth that Jesus Christ is Lord and that he founded one Church, and diligently pass on that faith to the next generation. A reading of Church history will show us, that at times this was a supremely difficult task. Throughout the ages our for-bears in the faith had to withstand attacks from outside and within the faith. Struggling against persecution, when to be Catholic was a death sentence and the Church survived through the amazing faith and courage of those who have gone before us.

We in turn have received the great commission to be witnesses to the truth and to share our faith in Jesus Christ, proposing but never imposing the invitation of the Lord to “Come follow me.” The words of St. John Paul II in his Encyclical letter, “Redemptoris Missio” chapter 1 section 11 should continue to challenge us and I quote: **“Those who are incorporated in the Catholic Church ought to sense their privilege and for that very reason their greater obligation of bearing witness to the faith and to the Christian life as a service to their brothers and sisters and as a fitting response to God. They should be ever mindful that they owe their distinguished status not to their own merits but to Christ’s special grace; and if they fail to respond to this grace in thought, word and deed, not only will they not be saved, they will be judged more severely”** (Second Vatican Council Lumen gentium 14). Let us then strive for that day when those who cry, “Jesus is Lord” will be united in one body with truly, one Lord, one faith, and one baptism, to the glory of God the Father in Christ Jesus our Lord.

THOMPSON, Peter and his wife Madeleine live in Calgary. He has served extensively since 1974 in the Charismatic Renewal both in Canada and overseas especially in Africa. He was appointed in 2003 to represent ICCRS (International Catholic Charismatic Renewal Services) to Canada and the West Indies.
Years ago my faith saved me. So I vowed to write for the Church. It was a promise I made—my way of giving back and giving thanks. If my work was worthy in any way, surely the Holy Spirit would use it for whatever small good it might do. If not, then he would let me know that too, in which case I would find another way of giving back. What followed was some success in getting my work published, and royalties and publication fees that I could use to support the work of the Catholic Church. What also followed was a wonderful journey full of serendipitous events, unexplained happenings and seemingly chance acquaintances that taught me an indelible truth. What often seems to be “coincidence” is not. I no longer believe in coincidence and each day proves again that God’s hand is at work behind it all.

Recently it happened again—a coincidence that was not. And it seems that each time I harbour doubt as to what I am doing and why, or feeling (undeservedly) sorry for myself, the Holy Spirit sends me a person or circumstance to guide me, educate me, or correct my behavior. Or to show me how truly blessed I am. But seldom was his hand as evident as this time.

As an accomplished sinner trying to do better, I sometimes go to weekday Mass at noon in town. It is a twenty minute drive and I sometimes find it hard to get there, as the traffic is busy and my schedule often does not permit. But I look forward to it each time—this spiritual oasis which refreshes and inspires me in a work life filled with stress, anxiety and business. Noon Mass is a wonderful time to charge one’s spiritual batteries—a blessed time of reflection and peace in a cacophonous world that seems to have lost its way.

On this day, in December of 2012, just before Christmas, I felt compelled somehow to go to Mass. There was no particular reason to go on this day, nor was it a particularly convenient time.
to go, but something moved me. I hurriedly exited the office and arrived at Mass with just a minute to spare. Besides, while in town I needed to pick up some Mystic Monk coffee for a staff member who liked the stuff. They carry it at the Trinity Heights Bookstore located in the beautiful Trinity Heights in Sioux City, Iowa. The bookstore also sells the books I wrote to raise money for the Carmelite Sisters. I am humbled that they display the books prominently in their store. It is hard to explain the feeling you get when you see your books displayed on a bookshelf or on an internet bookstore like Amazon or Barnes and Noble. It is not pride, really, so much as a feeling of humility, affirmation and wonder at the mystery of it all. You ask God to give you the words so you can write for the faith; you write and polish and rewrite and polish, find a publisher who is willing to invest time and money in your work, and then, in time, there it is—a book on the shelf in a bookstore. And you feel that he has heard your prayers.

So it was on this cold winter’s day, as I entered the bookstore after Mass, I grabbed the coffee and stood in line to pay. As I stood talking to Kathy, the nice volunteer who works behind the register, I noticed a young lady enter the store and walk right past me. She made a beeline to the shelf displaying my books. To my amazement she scooped up four or five copies while I watched her. I mumbled something stupid in her direction like: “Geeze are you buying those books?” She replied with a quizzical look, “Yes, why?” “Well, I wrote them,” I replied sheepishly. “Thanks for helping the nuns.”

Her jaw dropped a little and she looked at me funny as she said, “You won’t believe this, but I came here to buy the books for presents and to ask the staff where you lived so I could get them autographed. I just came from noon Mass.”

This nice lady, who I will call “Janice” to preserve her anonymity, asked me to sign the books, which always embarrasses me. I protested mildly but did so anyway. How could I not? She was so kind to buy the books and help my favourite ladies—the Carmelites. “I am not a big deal and my autograph isn’t either,” I protested. She thanked me and told me she had read my books and needed these copies for her family.

I was impressed by the fact that she had read all my stories and was able to recite the details, but stunned by something else she shared as we stood by the counter talking. This nice young lady attended the same Mass as I, went to the same store thereafter, and went there not only to buy my books but to ask the staff where the man standing next to her lived so she could get the books signed by him. But there was more to the coincidence that was not.

As we talked, this vivacious young lady shared something that shocked and saddened me. I asked her what she did. She was a second grade teacher at a local school, but she was not currently working. I asked why. She was suffering from breast cancer. I tried my best not to display the shock I was feeling at the thought that this lady—so cheerful and full of life—had been receiving chemo treatments for over seven months. “This is not my hair,” she said, “It is a wig.” “I think it looks wonderful
and I could never have guessed it,” I replied. She went on to tell me how her faith in God was sustaining her throughout her ordeal. I was instantly impressed at the depth of her faith, her spirit-filled nature and her positive attitude in the face of the horror that had befallen her. She loved teaching and was anxious to return to work one day. “Those kids are so lucky to have you,” I said, “I am sure they are anxious for your return.” I was certain that cancer was no match for her.

Here I was wondering if anyone was buying my books, and feeling a bit down, when a wonderful young lady suffering from cancer came to buy my books and even thanked me for writing them. She reminded me that I did not deserve to have a bad day—ever. This seemingly chance meeting was once again proof that the Holy Spirit intervenes in our lives when you need guidance, affirmation or to be reminded how blessed we really are. This lady, who had more courage that I will ever know, had a husband and a family and was battling for her life. I had nothing at all to worry about, really. Just as he has placed others in my path to guide me and teach me, sometimes God sends you an angel to reassure you, to guide you and to affirm you somehow.

We parted ways and I thanked her for our talk. Really I was thanking her for being there at this moment and place in time. I had no doubt - she was a ‘God-send.’ Although she thanked me for the stories, it was I who owed her a great debt of gratitude. Her display of courage, faith and positive attitude in the face of adversity was a wonderful and unexpected lesson. I asked her for her email address so we could keep in touch. I told her I would pray for her and her family. I do every day. I would ask the good sisters of the local Carmel to pray for her too. Of course they agreed.

But it was a beautiful email that I received from her weeks later that nearly moved me to tears. Thanking me once again for the meeting, the talk, and the books. Janice wrote in part:

“You cannot imagine how much stories like yours have meant to me the past seven months of my treatments. You do not realize the good that you do with your writing.”

I was awestruck by this message. She was thanking me for my writing when in fact it was I who was blessed by this meeting. I met someone with a far deeper faith than I, far more courageous than I and someone who reminded me that—just when they need it most—the Holy Spirit intervenes in the lives of those who believe, to affirm their faith, to lift them up and to remind them how faith can surmount any obstacle. And, once again, he reminded me that what seems to be a coincidence is not. “Coincidence” is simply the name God uses when He wants to remain anonymous.

STOOS, William Kevin is a freelance writer whose feature articles on politics, religion, bioethics and current events have appeared in a number of publications including The Catholic Digest, Liguorian, and the Carmelite Digest. He is a practicing attorney who lives with his wife and children in Wynstone, South Dakota. His passion for writing is exceeded only by his passion for his family and his concern for the direction that the country is heading.
**Baptism and Community**

The precious gift of faith is given to us in the sacrament of Baptism. It is like a seed, buried deep in the earth. The seed will only grow if the conditions are right – sunshine, warmth, adequate rain, tilling of the soil around it, removal of weeds. So it is with faith; it needs to be nurtured in order to grow and bear fruit in our lives.

The newly baptized, whether they are babies, children or adults, need the Christian community to help them grow in the gift of faith, and for the unfolding of the grace of Baptism in their lives. “The whole ecclesial community bears some responsibility for the development and safeguarding of the grace given at Baptism” (*Catechism of the Catholic Church, 1255*). Even within the Rite of Baptism itself are the words, “The Church of God welcomes you with great joy.” Baptism is not just a private family ritual. The baptized need parents, friends, godparents and their local parish to assist them in their walk of faith.

Parents need to learn their catholic faith so that they can pass it on to their children. Before we had children, I thought I knew my faith pretty well. It wasn’t until the children started asking questions, or we were helping them prepare for the sacraments, that I realized that my own personal faith formation fell short. For many years now, my husband and I have made a point of learning more about our catholic faith, reading church documents, doing spiritual reading and studying our faith. It’s made us more ready to help our children understand the faith.

Godparents play an important role in the formation of the baptized. They can pray in a special way for the growth of faith in the life of their godchildren. Godparents – like the parents – need to be witnesses to a holy life, and not chosen just because they

---

*Sue Atkinson*

**FAMILY FOCUS**

www.dreamstime.com
are good friends or to keep peace in the family. They can provide the children with faith-based gifts on special occasions such as birthdays and Christmas. Some of our friends make a practice of celebrating the anniversary of their children’s baptisms each year, lighting their baptismal candle and saying a few short prayers of blessing.

Finally, the Church of God, represented by the local Catholic parish, can support the child and his or her parents in their growth in faith. In the early years, this may be as simple offering to help a family to ease the challenges of bringing their small children to Mass. It may take the form of involvement in sacramental preparation, catechism classes or Vacation Bible School. The more parents feel supported by their local church community in the raising of the children in the faith, the more likely they are to stay and become involved in that faith community.

Even as adults, we need the Christian community to help us in our growth as believers. During my years in university, I no longer had the support of my peers from youth group, the active parish in which I had grown up, and the local prayer group. I still went to Mass every Sunday, but I struggled against the pull of the world and all its temptations. It wasn’t until I went on a long-overdue retreat (silent, no less), that my faith was rejuvenated and I realized that what I really needed to help me be fervent in my faith was to spend time with faith-filled Catholics. By God’s mercy, he led me to St. Mary’s Catholic Church here in Ottawa shortly after that time, where I met other young adults who were fervent in their faith, including my husband Paul. We were in that lively faith community for eighteen years before the Lord called us to a parish closer to our home. We are blessed with an active faith community, with many opportunities for growth in our faith life. We don’t need to go it alone, and neither do our children.

The writer of Hebrews addresses the importance of supporting one another in faith: “And let us consider how we may spur one another on towards love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another – and all the more as you see the Day approaching” (Heb 10:24-25).

“Baptism is the sacrament of faith. But faith needs the community of believers. It is only within the faith of the Church that each of the faithful can believe. The faith required for Baptism is not a perfect and mature faith, but a beginning that is called to develop” (CCC, 1253).

ATKINSON, Sue and her husband Paul have five children ranging in age from early grade school to university. The Atkinson family attends Annunciation of the Lord parish in Ottawa.
Gift of the Holy Spirit – 1 Cor 12:9: “to another faith by the same Spirit.”

Being Alive in Faith means using the gifts of the Holy Spirit in daily life...sometimes drawing on heroic faith or a particular situation

We are all called to be saints however, this does not mean we passively sit back and enjoy the ride. Sainthood is a high calling and as with any special task we know that in order to attain success we need to put the effort in. The results are always well worth it!

St. Paul speaks of a variety of gifts from the Holy Spirit (1 Corinthians 12). We have all received these gifts with our Baptism and then re-affirmed through Confirmation. If you were like me, before I participated in the Life in the Spirit seminar, I did not know I had to apply these gifts in my life. You too may have reached a time when you wondered, why you did not notice the gifts of the Holy Spirit working in your life.

That is because to have ‘faith alive’ is an action. This means these gifts can remain inactive or dormant if not applied and activated as we respond to the world around us. Each one of us needs to engage our gifts, specifically the gift of faith. There is an element of mystery to faith as we cannot tangibly see it or hold it. And yes it requires work!

Now faith is the assurance of things hoped for, the conviction of things not seen (Hebrews 11:1). St. Paul tells us the very fact that we believe is a gift from God through his Spirit (1 Corinthians 12:1-2). This is a grace given to us by God and through our response to the movement of the Spirit in our lives. After all, we do believe in God and in his son Jesus Christ who was born of the Holy Spirit through the Virgin Mary. We proclaim this each Sunday, with our Creed, in faith. We anticipate that our cars will take us from one point to the next, that a plane will go up into the sky and take us to another part of our globe safely. These are unconscious acts
of faith that we have carried out without much thought.

So what happens to faith when it is shaken? When we are called to a situation that requires a deeper response? When we do not know or cannot foresee the outcome? This is the faith that requires us to remain firm regardless of the circumstances or what the evidence may say. The prophet Isaiah says, he shall not judge by what his eyes see, or decide by what his ears hear (Is 11:3). Tested faith is when we must consciously activate this gift and stretch beyond what we can see or what we expect; often contrary to what people may tell us or where our emotions may try to lead us.

Daily we face opportunities to come into agreement with God’s truths or the lies of the enemy that come through doubt, fear, worry, or discouragement. We have to be conscious of those moments and choose wisely. God has given us the ability to choose freely. “I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live” Deuteronomy 30:19). To walk in the gifts of the spirit is an opportunity and a choice in your circumstances to either trust, remain in peace within the promises of God and his Word, or to give in to fear and doubt. God wants us to practice our faith by trusting in him. It builds his name. Our actions and reactions also show our character and our confidence in our God.

“You have faith and I have works. Show me your faith apart from your works, and I by my works will show you my faith” (James 2:18). This does not mean rote service or doing things out of obligation, but a true, honest, and tested faith in the one who knows you more than you know yourself. Do we really trust that God is working in our every situation, experience, and challenge? It’s often easier to attribute and believe that his hand is on the blessings but do we recognize God at work in the trials? All good things come from God but sometimes the difficult things are the very way that God brings forth the blessing.

Heroic faith is the confidence that Abraham had in God when he was willing to sacrifice his long awaited and only son, Isaac. It is the faith of Moses who courageously led the Israelites through the desert despite their wavering, grumbling, and complaining. Heroic faith is what Jesus Christ of Nazareth modeled for us when he chose not to use his divinity to save his life, prove himself, or divert off the path that God set before him; even though it required great suffering, pain, and even his very life. Imagine if Jesus decided to give up when he cried out to God in the garden of Gethsemane? Where would that leave our world today? Where would that leave us?

Often times God is waiting for us to act in the conviction that it is he who is in control. This requires total surrender in a given situation. Trusting that this is the will of God for this moment in time for you and this will is good; this is a heroic act of faith. We can rest assured that all things work together for the good of those who love God (Romans 8:28). There were many times in my life that I did not see the fruits of my
faith until I had actually stepped out beyond what was visible. This resulted in a tangible blessing. I went alone on a long trip once. There were many things I was hoping to do and see in this country however, I was alone and I realized it would have been dangerous to travel on my own. I ended up taking the trip anyway and I was blessed with some amazing people that I met in that country. I not only saw everything I hoped to but even more of the authentic culture of the country. I am still in contact with these people today. There are many more situations like this and if we all reflect back I am sure we can recall fruits and blessings as a result of God’s grace and our faith.

So, take a moment, find a quiet space, and reflect. What is that situation in your life right now that poses an opportunity to activate your inner heroic faith? This may be a situation that has been troubling you for a while and is therefore right at the surface or it could be something that you did not even realize was a test of faith. As you reflect, you may discover that God is calling you to deeper faith in every circumstance. True faith is a willingness to let go and release it to God. You can do it! You have faith!

Lisa Radice was born and raised in Oakville. She is a Catholic Educator within the Halton Region. She has a great appreciation for the Charismatic Catholic Community which she has been a part of for 8 years.

In Him
By: Frances Killen

The essence of a life in God, is rooted in total abandonment
And surrender to His Divine will.

Grace multiplied with every step we take, provides the means,
Whereby we continue along His chosen path.

That path which, He has ordained for our lives, Best suited to the uniqueness with which He, In His Master Plan, has created within each of us

Have courage to move upon that first step, And prompted by Faith and Grace, see the next, Illuminated by His wonderful Light.

Fear not what may be along the way, for He, All knowing, all seeing, has prepared exactly What is required to bring you to Holiness and Perfection in Him.

Trust Him with all your heart, knowing that He, Who is Love has conquered sin, darkness and yes—even death.

He will lead the way as you release self-will to Him, Giving Him a heart that desires for He, is the fullness of perfection.
Faith Without Works is Dead

Faith without works is dead because faith without works is not true faith.

“What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, ‘Go in peace; keep warm and eat your fill’, and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead” (James 2:14-17).

James 2:14 is made up of two rhetorical questions. It reminds us that there is no spiritual gain if anyone says he has faith but does not have good works to go along with that faith. This so called professed faith is not the true faith that all true believers profess. James is combating the heretics who were saying that one can believe in Jesus and the gospel and yet not have any good works to witness to that faith.

It is a form of Antinomianism. An Antinomian is one who holds that under the gospel dispensation of grace the moral law is of no use because faith alone is necessary for salvation. It is the heretical doctrine that Christians are exempt from the obligations of moral law. Those who espouse this view are the ones who say that believers can live just like the immoral, irreligious world, but as long as they believe, they are saved, even though their works are evil and their fruits are rotten.

The Holy Spirit through James says that this is not possible. Those who say they believe the gospel, the
true gospel of salvation conditioned on the atoning blood and imputed righteousness of Jesus Christ alone, but who have no accompanying good works, have not undergone true spiritual conversion or rebirth.

Individuals may profess faith in God but the root of righteousness must produce faithful fruit. The fruit of righteousness does not delight in carnality but by contrast is expressed in the fruit of the Spirit: “love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control” (Galatians 5:22-23a). St. Paul reinforces in Romans 6 that believers do not live in sin (v. 2), do not serve sin (v. 6), are slaves of obedience to righteousness (vs. 16, 18), and have their fruit unto sanctification (v. 22).

James 2:15-16 gives an illustration of someone who is in need of food and clothing and someone who has the means to help that person. The person who has the means to help is saying to the person who is in need, “Go in peace; keep warm and eat your fill.” What good are these words for the person who is in need? If one meets a person who is dying of thirst and tells the person, “May you be blessed with a drink,” what good are these words for that person who is dying of thirst? They are useless! They are nothing but empty words. The person with means has done nothing to help the person in need and therefore has not lived up to the minimal obligations of a true believer.

James 2:17 shows how faith without works is like the person who says “keep warm and eat your fill” but does not give the person any clothing or food. Just as these words are empty words, this supposed faith is an empty faith. It has no substance.

If believers say they believe the gospel but live immorally or manifest a disregard for God’s commands or are not striving after obedience, this profession is an empty profession. This is the same as those who say they believe the gospel but who do not love the people of God; thus they really do not believe the gospel, as we see in 1 John. “If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true” (1John 1:6).

The Catechism of the Catholic Church also instructs us that the “service of and witness to the faith are necessary for salvation” (CCC1816). “The gift of faith remains in one who has not sinned against it. But “faith apart from works is dead” when it is deprived of hope and love, faith does not fully unite the believer to Christ and does not make [the believer] a living member of his Body” (CCC1815).

“We know that we have passed from death to life because we love one another. Whoever does not love abides in death”(1 John 3:14). Love of one another is an inevitable fruit of true spiritual conversion or rebirth. It is evidence of a believing heart.

“All who hate a brother or sister are murderers, and you know that murderers do
not have eternal life abiding in them. We know love by this that he laid down his life for us—and we ought to lay down our lives for one another. How does God’s love abide in anyone who has the world’s goods and sees a brother or sister in need and yet refuses help? Little children, let us love, not in word or speech, but in truth and action” (1 John 3:15-18).

Here is another rhetorical question. The one who has the means and knows that a brother or sister is in need, yet does not love the brother or sister by giving to the needy person, does not have the love of God abiding in his or her soul. Love is not in ‘word only’ but in ‘the living word of works.’

“Those who say, ‘I love God’, and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen” (1 John 4:20). Once again, here is one professing to have faith but who hates one’s brother or sister. God calls this person a liar. This profession of faith is a lie. It is a dead faith.

1 John shows us that love of our brothers and sisters is one of the primary evidences of a true faith. How is love of our brothers and sisters manifested? We love the same things they love; we hate the same things they hate. We love our Lord Jesus Christ and the gospel of salvation conditioned on the atoning blood and imputed righteousness of Jesus Christ alone. We hate all false gospels that condition salvation in any way, to any degree, on the sinner. We speak peace to each other based on our common salvation. We desire to fellowship with each other. We rejoice together in Jesus Christ and defend each other against the attacks of our enemies. We help each other in times of need. I repeat: Faith without works is dead because faith without works is not true faith.

HÉTU, Fr. Robert is Pastor of St. Joseph, Patron of Canada parish in Acton, Ontario. He has published his first book of poetry entitled, The Blood of His Love, and he is a member of the Editorial Committee of The Bread of Life magazine.

Editorial Article - November/December 2013 Issue – Correction Notice

In the Editorial article of the November December 2013 issue of the Bread of Life magazine there is a small error. The first word of this article should read “Sacramentals” not “Sacraments”. Please accept my sincere apology for this error.

Fr. Peter Coughlin
Faith Alive

Pope Benedict said “Faith is above all a personal, intimate encounter with Jesus, and to experience his closeness, his friendship, his love. Only in this way does one learn to know him ever more and to love and follow him ever more.”

To follow Jesus in our everyday life is a beautiful grace granted to us through the Holy Spirit. The power of faith is alive and strong all around us. Our parents shared their faith first by having us Baptized. We learned through their actions of kindness, love, nurturing, prayer and love of God that with faith all things were possible.

We see faith every day in the goodness of others.

We love our faith and live it by following God’s commandments, by prayer and celebrating the Eucharist. The more we listen to the Holy Spirit, the easier it becomes to share God’s love each and every day in what we do and with those whom we encounter.

Without faith where would we be? Each and every day with the grace of the Holy Spirit we integrate our faith with our daily life. It is that simple!

Dear Lord:

Through your son Jesus you have called us to be signs of living faith. Today I ask you to lead me to be thankful for the gift of faith and by sharing that gift may my relationship with Jesus become stronger.

Amen

JUURLINK, Doreen and her husband Tony are parishioners of St. Matthew parish in Oakville, Ontario where she is a Eucharistic Minister. They have three adult children and six grandchildren.
The New Evangelization

Miriam Wright

Know It, Love It, Live It, Share It

The gift of Christian faith calls forth a response to know it, love it, live it, and share it. Faith is an ongoing journey to know the truth about God, ourselves and our relationship with God. Truth leads to freedom from sin and darkness as we choose to love and trust God and his commands. A heart and mind transformed by love and truth allows us to become living witnesses to the power of God’s love and promises. It is authentic witnesses who share the truth and lead others to a life changing encounter with the Living God!

In Porta Fidei, Pope Benedict emphasizes the “need to rediscover the journey of faith so as to shed ever clearer light on the joy and renewed enthusiasm of the encounter with Christ.” This is especially important at this point in history “because of a profound crisis of faith that has affected many people.” Indeed, many people today seem to have dismissed faith as a practice of antiquated rituals and impossible standards, or have simply declared faith irrelevant for modern life. Yet, it is for modern life with its new complexities, overwhelming flood of information, radical science and technology developments, and distortions of fundamental truths that we need faith so desperately!

“Faith is an entirely free gift that God makes to man. We can lose this priceless gift, as St. Paul indicated to St. Timothy: ‘Wage the good warfare, holding faith and a good conscience. By rejecting conscience, certain persons have made shipwreck of their faith.’ To live, grow and persevere in the faith until the end we must nourish it with the word of God; we must beg the Lord to increase our faith; it must be ‘working through charity,’ abounding in hope, and rooted in the faith of the Church” (CCC 162).

The essence of our faith consists of 4 truths: (1) God created us out of love to be with him. (2) Our relationship with God was broken by our sin. (3) God sent his only Son, Jesus, into the world to “pay a debt he
didn’t owe because we had a debt we couldn’t pay”. And (4) if we respond in faith and obedience, we will no longer be slaves to sin and death, but become God’s children, able to share in his divine, blessed, eternal life. Sharing these essentials can be enough to lead someone to Christ during an elevator ride! To love it, live it, and share it effectively in a broader set of situations, it is helpful to know our faith in greater depth. Scripture is an invaluable resource. For example, the first letter of John is filled with immeasurable insight in 5 short chapters. The following verses provide a taste of the banquet that lies before a believer hungry for more of the word of God:

(1 Jn 1:7) But if we walk in the light as he is in the light, then we have fellowship with one another, and the blood of his Son Jesus cleanses us from all sin.
(2:5) Whoever keeps his word, the love of God is truly perfected in him.
(2:20) You have the anointing that comes from the holy one, and you all have knowledge.
(3:1) See what love the Father has bestowed on us that we may be called the children of God.
(3:8) The Son of God was revealed to destroy the works of the devil.
(3:23) And his commandment is this: we should believe in the name of his Son, Jesus Christ, and love one another just as he commanded us.
(4:4) The one who is in you is greater than the one who is in the world.
(4:10) In this is love: not that we have loved God, but that he loved us and sent his Son as expiation for our sins.
(4:18) There is no fear in love, but perfect love drives out fear
(5:3) For the love of God is this, that we keep his commandments. And his commandments are not burdensome.
(5:4) And the victory that conquers the world is our faith.
(5:11) And this is the testimony: God gave us eternal life, and this life is in his Son.

Life is in Jesus Christ and so our “Faith centers on the person of Jesus Christ” as the Navarre commentary on 1 Jn 4 tells us. “Faith...actually changes a person’s inner life; belonging to the community of the children of God involves a new way of being, which can be seen from the fact that we live in accordance with the faith we profess.”

Yet, we know that there are “entire groups of the baptized [who] have lost a living sense of the faith, or even no longer consider themselves members of the Church, and live a life far removed from Christ and his Gospel. In this case what is needed is a ‘new evangelization’ or a ‘re-evangelization’” (Redemptoris Missio, John Paul II). We are ALL called to the new evangelization because we have faith. Let the Word of God nourish you and prepare you! Know it, love it, live it, and share it for God’s glory and the salvation of souls!

Miriam and her husband Bill are members of St. Patrick’s parish in Burlington. She is a mother and delighted “Oma” of two grandchildren. Miriam works full-time as a Manager of Information System and is working on a Masters of Theology and Christian Ministry. She is a member of the Bread of Life Editorial Board and the Board for Renewal Ministries Canada. Her passion is the New Evangelization: leading others to experience a personal Pentecost and Freedom in Christ so that they may live forever in the blessing of being a beloved child of the Father.
# RESOURCES FOR SALE

<table>
<thead>
<tr>
<th>Description</th>
<th>Quantity</th>
<th>Price (Per item)</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BOOKS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unbound</td>
<td></td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td>Libertad <em>(Spanish translation of Unbound)</em></td>
<td></td>
<td>$12.00</td>
<td></td>
</tr>
<tr>
<td>Unbound Companion Guide</td>
<td></td>
<td>$12.00</td>
<td></td>
</tr>
<tr>
<td>Unbound Ministry Guidebook</td>
<td></td>
<td>$18.00</td>
<td></td>
</tr>
<tr>
<td>The Older Brother Returns</td>
<td></td>
<td>$13.00</td>
<td></td>
</tr>
<tr>
<td>Resisting the Devil <em>(A Catholic Perspective on Deliverance)</em></td>
<td></td>
<td>$18.00</td>
<td></td>
</tr>
<tr>
<td><strong>CHILDREN'S BOOKS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Will you Bless Me?</td>
<td></td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td>Can God See me in the Dark? <em>A set of Children's books $40.00</em></td>
<td></td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td>What Can I Give God?</td>
<td></td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td><strong>DVDs (VIDEO)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unbound Conference</td>
<td></td>
<td>$75.00</td>
<td></td>
</tr>
<tr>
<td>Unbound Ministry Team Training</td>
<td></td>
<td>$25.00</td>
<td></td>
</tr>
<tr>
<td>Priests and Deacons Workshop</td>
<td></td>
<td>$30.00</td>
<td></td>
</tr>
<tr>
<td><strong>CDs (Audio)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unbound Conference <em>(8 CD series)</em></td>
<td></td>
<td>$55.00</td>
<td></td>
</tr>
<tr>
<td>Unbound Ministry Team Training</td>
<td></td>
<td>$16.00</td>
<td></td>
</tr>
<tr>
<td>Unbound North American Leaders Conference</td>
<td></td>
<td>$25.00</td>
<td></td>
</tr>
<tr>
<td>Introduction to 5 Keys and Forgiveness <em>(2 CDs)</em></td>
<td></td>
<td>$16.00</td>
<td></td>
</tr>
<tr>
<td>The Power of Forgiveness <em>Note: This CD is included in Conference CD series</em></td>
<td></td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td>Staying Free: The Battle for Our Minds <em>Note: This CD is included in Conference CD series</em></td>
<td></td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td>The Power of the Spoken Blessing</td>
<td></td>
<td>$10.00</td>
<td></td>
</tr>
<tr>
<td><strong>Shipping and Handling</strong></td>
<td></td>
<td></td>
<td>$5.25</td>
</tr>
<tr>
<td><em>(if additional charges apply you will be notified prior to the processing of your order.)</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total of Cheque or Credit Card Enclosed</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To Purchase Unbound Freedom in Christ resources, contact the Bread of Life office at
Phone: (905) 634-5433  FAX: (905) 634 1495  Email: info@thebreadoflife.ca
Or mail this form to: P.O. Box 127, Burlington, ON L7R 3X8, CANADA

Title (e.g., Mr., Mrs.)_________________________ Name_________________________ Phone (______)_________________________
Street Address/PO Box________________________ City:________________________ Email_________________________
Ap/Unit:________________________ Province________________________ Postal Code________________________
Cred Card Number:__________________________ Signature________________________
Expiration Date:__________________________ Please make cheques payable to: C.C.S.O. Bread of Life Renewal Centre

For information about Unbound Freedom in Christ Prayer Ministry or Ministry training contact: unboundfreedom@gmail.com
Let it Be

It’s easier to rejoice in our Faith when times are good. It’s easier to see God’s hand in the events of our lives when everything is going according to our plans: the weather, the plants, our friends and family all seem to point so clearly to God. The reverse also seems to be true. When we and our loved ones are afflicted by troubles, disease or infirmity, it’s hard to see anything except our own affliction. The wonder of God’s world and our place in it as God’s children who are redeemed by his Son don’t seem so wondrous when we are distressed. Rejoicing is O-U-T. We often lose our Peace in Christ.

Sin and the consequences of sin in the world are pervasive. There is usually not a cause-and-effect chain that is obvious to us. Sure, we can draw straight lines of causality in cases of marital breakup due to infidelity, but the misery caused by that particular sin can cascade around a family, community or society for a long time and affect, essentially … everything.

…..”Sin came into the world through one man and death through sin, and so death spread to all men because all men sinned” (Romans 5:12). Sin entered the world through Adam and Eve and the recipe for conquering sin (and death) came from the example of the life and death of Jesus Christ. In this way the world is at war with itself in a Spiritual struggle between Sin and self. Evil must be overcome by deeds filled with love and guided by the Holy Spirit. “But above all things have a constant mutual charity among yourselves; for charity covers a multitude of sins” (1 Peter 4: 8). It stands to reason that the more sin there is in the world the slower God’s plans for mankind will move forward. It also stands to reason that when Christian soldiers are advancing toward a strong enemy, martyrs (witnesses) will be required. Martyrs (witnesses) are needed to stand up to evil in the world no
matter how the evil is manifest. Normally, it’s not your fault if a man is homeless on the street. Often, it may be his fault such as a result of his alcoholism or other addiction. Furthermore, who knows what his alcoholism could have been prompted by? The point is that a martyr (witnesses) is someone who, through the observance of God’s commandments and coupled with the correspondence with his will, are ready eager and able to snuff out the chain of evil that would otherwise continue to gather in size and weight like a giant snowball rolling down a mountainside.

There are many people who get caught in the logical trap that equates God’s mercy to a complete insulation from all evil and discomfort. People often say, “If God loves us, how could he allow this to happen?” St. Luke tells us in 21:17-19 that, “You will be hated by all for my name’s sake. But not a hair on your heads will perish. By your endurance you will gain your lives.” Being a child of God isn’t supposed to be easy. Our lives are a chance to prove our love for our Creator through the choices we freely make out of a deep desire to do his will. Free will is crucial to the economy of salvation. Doing God’s will, praying to discern God’s will, cherishing and trusting God’s will are the ways we have to abandon ourselves into his kingdom. If we do not do these things freely, it is not possible to be certain we truly love with all our heart, soul and mind. God wants all our heart, mind, soul; given freely with all our strength. Abraham freely was prepared to sacrifice his only son who was promised to him by God to be the one who would start a generation of God’s chosen people as numerous as the stars. Similar to Abraham, God was not only prepared, but did sacrifice his only begotten Son who did the Will of his Father freely unto death in order to bring mankind back into communion with God. The stakes in this cosmic war between loving “God’s Will” and loving “Man’s Will” couldn’t be higher. The souls of all men are lost if mankind loves his own will to the total exclusion of God’s will. Is there any wonder people are suffering, enduring times of trial and tribulation? We should expect to do our part in the fight. We must be brave and not only be ready, but expecting, to take up our cross daily and follow Christ.

At times the cross appears without our looking for it: it is Christ who is seeking us out. And if by chance, before this unexpected cross which, perhaps, is therefore more difficult to understand, your heart were to show repugnance... don’t give it consolations. And, filled with a noble compassion, when it asks for them, say to it slowly, as one speaking in confidence: “Heart: heart on the Cross! Heart on the Cross! (The Way of the Cross, St. Josemaria Escriva, Pg 52)

For example: if we just happen to be downhill from a huge snowball of sin thundering down a mountain at 100Km/hr right toward us; then it’s our time to choose between martyrdom and sin. We can be swept up in the snowball, adding to its weight and speed, or we can try (and likely fail) to stop the snowball from getting more deadly. In the spiritual life, if we allow ourselves to concentrate on the hopelessness
of our attempt to stop a great evil from progressing we become swept up in a wave of evil because “evil triumphs when good men do nothing” (Edmond Burke inter alios). The consequences of sin visit themselves upon us in so many ways that we can never understand. Therefore, it is essential that we keep focused on the love of God. We are but dumb paint brushes in a master painter’s hand. We are most useful in extinguishing sin in the world by praying to discern his will, cherishing his will and doing his will. If we do this we will find that his yoke is easy and his burden light AND we will find joy in this life and eternal life thereafter.

Paul McCartney, yes, the Beatle, once wrote a song that begins: “When I find myself in times of trouble, Mother Mary comes to me. Speaking words of wisdom: Let it Be, Let it Be.” It is quite possible that my interpretation is not the same as Paul’s but Mary’s words of wisdom are just that. She’s telling us not to focus on the troubles; snowballs of sin (or sin-balls) that will inevitably find us from time to time because there are people in the world who are at the top of the mountains creating sin-balls with their self-love and throwing them down. Mother Mary is telling us to stay focused on being a child of God; soldier of Christ. We are supposed follow his will with all our heart, mind and soul with all our strength. Only this course of action can bring the best possible outcome. If it be death, then it’s a martyr’s death. If your suffering is worse than death it only means that, when united to your love for the will of God, your suffering can stop even massive sin-balls and extinguish a great deal of hatred and sin in the world. When we look at suffering this way, it takes on the character of a privilege. This sounds crazy, I know. But think about it. If God puts you in the path of a huge sin-ball and allows you to remain there until you are struck and killed, then it is God who requires the sin-ball to be stopped. If it takes 1 man or 100,000 men to stop it, we are needed to freely follow his will and “Let it Be”.

But what about our daily trials and tribulations that won’t end up in death or suffering? No difference. Pray to discern God’s will, cherish God’s will, do God’s will and Let it Be. We all have different abilities and disabilities. We have different levels of tolerance and patience. It’s OK. Maybe we are having a difficult struggle with a trial or tribulation that is, essentially, just a trivial matter that we have managed to blow out of all proportion. It’s OK. If it’s a real struggle between doing God’s will and doing man’s will, it’s a bona fide spiritual struggle and well worth the sacrifice – no matter how trivial someone else thinks it is. We should find peace in knowing that we are doing our part in the struggle for the salvation of the world and glad of a chance to show God, by deeds, that we love him.
Having grown up attending catholic schools where fighting was encouraged and lauded and having attended daily Mass and Holy Communion all throughout both grade school and high school, I have firsthand experience with Jesus calming all of the storms in my heart and soul and also giving me the strength to take on all comers and lay most of them low. Our pastors both in catholic grade school and catholic high school believed that encouraging boys to take their differences outside and have them work out their aggressions in fist-a-cuffs made for championship football teams and also built character in young boys coming into manhood.

Every night after saying my rosary and going to bed I lay in bed awake for some time getting mentally psyched for an ensuing battle on the playground the next day and the power struggle of youth striving to assert adulthood. I learned through this entire process that where God is there is all peace and that it is as old soldiers say that God is not in war, but if we strive to be right with him, he can help us triumph through those trials and tribulations he does allow to come into our lives. I learned as the years proceeded that the true war in this world is principalities against principalities and almost never needs to escalate into flesh against flesh if God is allowed to come into the storms in our hearts and souls and calm the waves of hurt and anger with the healing balm of his calming love.

I learned that if I turned to him when I thought something may escalate into a war of flesh against flesh that I would find a peaceful oasis in him and his exhortations to return good for evil. I learned over the years that kindness truly does turn wrath aside and creates a world of brotherly love out of an otherwise potential hostile situation. When we turn to Jesus, he blesses us with the Holy Spirit and two of the fruits of the Holy Spirit are peace and love. Love never takes offense and always returns good for evil. The peace and love of the Holy Spirit help us to be peacemakers where-in our hearts and souls
become a peaceful oasis filled with the love of God and his peace beyond all understanding.

We first and foremost though must take responsibility for our own actions without ever blaming anyone for either what we have done or what we are going to do in the future and realize that we and we alone are responsible for all of our thoughts words and deeds since the time we first reached the age of reason and realize it is our job to patiently love God above all things and to love our neighbor as ourselves. If we wish for the peaceful oasis in our hearts and souls we must attempt to treat others with the very same respect and dignity we ourselves expect and desire to be treated with. We must never wish evil upon another person or to gloat when they have fallen upon bad times. We should always pray that they will be as happy as we desire to be and also as successful as we wish to be. We can in no manner have a cut-throat approach to our neighbor or allow the love of money or any of the other deadly sins to take possession of our hearts and souls. We must be happy for those that do well and if in some manner they do much better than we ourselves are able to do then we must appreciate their success without envy or jealousy and congratulate them on it. We must never bear grudges and always allow bygones to be bygones and always be willing to pray for our enemies while wishing the very best for them.

If we have been hurt repeatedly by another it is always good to remove ourselves from that abusive situation. Once we are able to free ourselves of our abusive situations, we should pray for those who have harmed us as well as for our own safety. As hard as it may be, we should also try to forgive those who have deeply hurt us just as Jesus forgives us. We also have to remember that Jesus does not want us to carry around resentment or bitterness. He wants us to be at peace with one another and to love as he loves.

If we are faithful to accomplish this while also spending time with Jesus daily, we will find that peaceful and safe oasis in him. This peace will take possession of our hearts and souls and then we will see that everything in our lives will work for the good. When all others fail in being faithful to their word we will find that Jesus is always and eternally faithful to his word and he will no doubt be the peaceful oasis every human heart seeks on this earth. We can be assured that he will guide us on the narrow road to his kingdom where we will enjoy uninterrupted bliss for all eternity. But, it all starts with Jesus. He is the way, the truth, and the life.

TOVREA, Michael retired from the United States Army after a boxing accident and then immediately began serving Holy Mother Church in various lay ministries, including founding and running a Catholic Coffee House for youth; a nonprofit charitable organization feeding and clothing homeless men; and helping gang members. He married at 38 and started freelance writing for the Catholic Press while continuing in lay ministry. During this time he completed a Bachelors Degree in Creative Writing and Basic and Masters courses in Fiction Writing.
Lazarus, Come Out!

“I wished we could have stayed another night in Bethany,” said Peter to James and John. “With no moon tonight, it is so very dark, and bitterly cold out here in the fields!”

James added, “And I could use another home cooked meal, rather than huddling around this fire.”

From the other side of the camp site, came the voice of Jesus. “What are you talking about over there? Come closer to the light. John, throw another log on the fire and come warm up next to the camp fire. Tell me, what is your problem?”

“There is no hiding from you!” said Peter. “Yes, we were just complaining about being cold and hungry, but we were really talking about all that has happened in the last week. There are many things we do not understand. Lord, we have seen a wondrous sight, and we do not know what it all means, starting from the time the messengers first arrived from Martha and Mary to tell us that Lazarus was ill.”

“But that’s just it,” said John. “Lazarus did die! We delayed two days before going to see him, and by the time we arrived in Bethany, Lazarus was dead. He had been in the tomb for four days.”

“But John, remember that death was not the end. Perhaps to those around Lazarus, his family and friends, it all appeared to be over. Death’s sting appeared to have its victory, but do you remember what Martha said when we arrived?”

“I think she said, ‘Lord, if you had
been here, my brother would not have died,” added Peter.

“But Martha was wrong,” said Jesus. “It was God’s plan that Lazarus would die. That is why I delayed in coming. However, it was also God’s plan that I would arrive in time to hear her cry out, ‘even now I know that whatever you ask of God, God will give you!’ Her words were a spark, a living faith which served to help reignite the fire of the life of her brother, and the Son of God was glorified.”

Peter said, “Yes Lord. That is when we saw the miracle. You commanded ‘Lazarus, come out’, and out he came. We freed his bonds, and Lazarus was as alive as you or I. We sat down to eat and drink together, and what a party that was! I wish I had some of that food right now!”

I tell you most solemnly Peter, you have seen amazing things, and you will see even greater things than this. Peter, I am the Living Bread, and those who eat of me will never hunger again. You think that was a party; Our Father has greater plans still, and one day you will eat with me beside a fire."

“I’m not sure what you mean Jesus,” replied Peter. “Well, I suppose that’s not new. All I can say is that I believe in you, and what you say!”

“But...,” probed Jesus.

“But what did this whole Lazarus thing mean to us. What does his coming alive again tell us.”

“Peter, remember that all men must die. At the tomb you saw my tears; I know that even the Son of Man must die! Death, however, is not the end. A new and different life awaits those with faith. The story of Lazarus was like that log you tossed on the fire. It was a log that once existed as a living tree; a great tree providing both good fruit, and a home for the birds. One day, the tree falls to the ground and appears to die, and to be of no use. All seems lost! However, Our Father can take the fallen dead branch, and bring from it new light and heat. His is a fire; a fire that will burn, but not consume, a fire that will give light, which no darkness can overcome. I tell you Peter, that is the message of Lazarus. You may think all is lost. You may feel as if everything is upside down. You may think you have been cut down and death has won, but I tell you, wait and listen. Listen for the Son of Man to say, come out. Wait for your bonds to be cut, and you will be free to burn for the glory of God. Cling to that living faith.”

Charles Barton and his wife Cathy attend St. Leonard’s parish in Brampton. They have a son, and a daughter who is studying at the Catholic University of Dallas. Charles has been involved with the Renewal for over 30 years.
As Pope, Benedict XVI repeatedly affirmed that there is no conflict between faith and science. He prayed that scholars and intellectuals will come to know God through their search for truth. Blessed John Paul II’s longest encyclical, *Fides et Ratio*, offered a compelling argument for the harmony between faith and science. And we find this view affirmed once again by Pope Francis in his first encyclical, *Lumen Fidei*. The alleged conflict between science and faith, however, persists. Science does not lead to atheism. In fact, science itself rests on faith, particularly the Catholic faith, a historical fact that needs to be reiterated and made incontrovertibly clear.

Let us state the matter as directly and succinctly as possible, quoting an eminent modern scientist: “Science is impossible without faith”. These are the words of Norbert Wiener, the “Father of Cybernetics” who, at 18 received a Ph. D in mathematics from Harvard, and later wrote *God and Golem Inc.* which won the National Book award in 1964. According to Wiener, the scientist must make an initial act of trust that the world to which he applies his reason is one whose laws are both intelligible and consistent. A person would never be drawn to the scientific enterprise if he believed that the laws of the universe are like the croquet game in *Alice in Wonderland* where the rules of the game are changed from moment to moment by the arbitrary decree of the Queen.

This faith that the universe is intelligible and will not deceive us is consistent with the Christian belief that God imbues nature with an intelligibility that allows us to reason from nature (God’s effects) to God Himself (as the cause of these effects). “Anything so orderly, so perfect, so precisely balanced, so majestic as this creation can only be the product of a Divine Idea.” These are not the words of a Catholic philosopher or theologian, but of Dr. Werner von Braun, the “Father of the Saturn 5 Rocket” that made it possible for 12 men to walk on the surface of the moon. “God,” as
Einstein famously asserted, “does not play dice with the world”.

No one has worked harder to document and expose the Christian roots of modern science than Pierre Duhem (1861-1916). His *magnus opus*, The Structure of the World: Teachings on Cosmology from Plato to Copernicus is a prodigious work of 10 massive volumes. It is a masterpiece that is unparalleled in its field.

Templeton prize-winner, Stanley Jaki, who holds doctorates in both physics as well as theology, has this to say about Duhem’s work: “What Duhem unearthed among other things from long-buried manuscripts was that supernatural revelation played a crucial liberating role in putting scientific speculation on the right track. . . . It is in this terrifying prospect for secular humanism, for which science is the redeemer of mankind, that lies the explanation of that grim and secretive censorship which has worked against Duhem.”

Dr. Peter E. Hodgson, who is University Lecturer in Nuclear Physics at Oxford University, has made the following appraisal of Duhem’s scholarly accomplishment: “The work of Duhem is of great relevance today, for it shows clearly the Christian roots of modern science, thus decisively refuting the alleged incompatibility of science and Christianity still propagated by the secularist establishment. Science is an integral part of Christian culture, a lesson to be learned even within the Christian Church.”

Duhem’s study and documentation of the Christian origin of modern science has been deliberately neglected because it is unwelcome both to the disciples of the French Enlightenment and those of the Reformation. For different reasons, they would like to paint the Middle Ages as darkly as possible. Yet Duhem found enough evidence to acknowledge “the extreme liberality of the Catholic Church during the close of the Middle Ages towards the meditations of the philosophers and the experiments of the physicists.”

The continuity between Christian thinkers of the Middle Ages and modern science can no longer be doubted by honest scholars. The validity of Duhem’s work has been confirmed by such modern researchers as Anneliese Maier, Marshall Clagett, E. Grant, Alistair Crombie, and others. The distinguished scientist and philosopher, Alfred North Whitehead agrees that “the faith in the possibility of science, generated antecedently to the development of modern scientific theory, is an unconscious derivative from medieval theology.”

Duhem cites the great historical significance of a decree (known as the Condemnation) made public in the year 1277 by Etienne Tempier, the Bishop of Paris. The content of the decree provided a strong impetus for the development of modern science. It condemned, in effect, a number of propositions that were uncongenial to the development of science. Among these propositions were the following: that what the theologians say rests upon myths...
quod sermones theologi fundati sunt in fabuli); free choice is a passive power, not an active one, and it is moved with necessity by the desired object; the world is eternal; all that which happens here below is subject to the necessity of celestial bodies. It also condemned pantheism, polytheism, the incorruptibility of the celestial bodies, and the eternal recurrence of persons and events.

The Greek and Arab universes worked from the top downwards. The divine or the celestial spheres modulated what happened in the world and in the lives of men. For Christians of the Medieval Period, knowledge began with the world of effects. They embraced experimental science, biology, physics, etc. Robert Grosseteste is regarded as the “Father” of the experimental method; Peter Maricourt’s work on magnetism was not surpassed until Gilbert in the sixteenth century; Buridan and Philoponus anticipated Galileo.

Science without some kind of faith does not produce pure science; it produces no science at all. The Christian notions of an ordered and rational world, the compatibility of faith and reason in one God, the Incarnation of Christ that added dignity to the body, to matter and to the human being, and a world that displayed the effects of the Creator, were all needed in order to give scientists the motive and confidence required for them to perform their arduous and exacting work.

And just as faith and science are compatible with each other, so too are faith and scientists. Christopher Dawson states, in his book, Progress and Religion, that “a large number, perhaps the majority, of the greatest scientists of modern times have been profoundly religious men, like Volta and Cauchy, Dalton and Faraday, Claude Bernard and Pasteur, Mendel and Wallace.” To that modest list we could add Newton, Galileo, Kepler, Poincare, Galvani, Herschel, Oblers, Bessel, Maxwell, Riemannn, Gauss, Euler, Coulomb, Foucault, Ampere, Lavoisier, and so on.

It should not be of any particular difficulty for the scientist to believe in God, despite the fact the he is inconceivable. Scientists have no trouble affirming the existence of the electron, though the electron itself is materially inconceivable. Yet, these infinitesimally small entities are known so well through their effects that we use them with confidence to illuminate our cities, guide our aircraft, and operate our computers.

May the reasoned contributions of the last three popes concerning the harmony between faith and science help more people to understand not only that science and faith are compatible with each other, but to appreciate the debt that modern science owes to the Christian faith.

Donald DeMarco is a Senior Fellow of Human Life International. He is professor emeritus at St. Jerome’s University in Waterloo, Ontario, and an adjunct professor at Holy Apostles College and Seminary in Cromwell, Connecticut. Some of his recent writings may be found at Human Life International’s Truth & Charity Forum.
I Am

The Gospel of John records various key statements that Jesus uttered about himself which begin with the words “I am...” These statements reveal basic aspects of who he is and what he does for the world. They also reveal basic foundations of the pro-life movement.

Jesus declares, “I am the Bread of Life” (Jn.6:35), “I am the Light of the World” (Jn.8:12), “I am the Gate” (Jn.10:7), “I am the Good Shepherd” (Jn.10:11), “I am the Resurrection and the Life” (Jn.11:25), “I am the Way, the Truth, and the Life” (Jn.14:6), and “I am the true Vine” (Jn.15:1).

These are all images of life. Three of the statements use the word “life” explicitly; others employ the concepts of feeding, growth, protection, and leading us into the arena of life. These statements are the very opposite of darkness and death, decay and destruction, violence and nihilism.

At the root of these various “I am” statements is the “absolute I AM” statement found in John 8:58. The context is an argument Jesus has with the Jews in which he claims that he is the antidote to death. “If any one keeps my word, he will never see death.” The Jews asked how he could dare say that, in view of the fact that Abraham died. Was he claiming to be greater than Abraham? And Jesus answered, “I tell you the truth, before Abraham was born, I AM!”

The listeners recognized this right away as the very name of God. When God called Moses to set the people of Israel free, Moses asked God his name, and the Lord replied that his name was “I AM” (Ex.3:14).

This name of God can be understood on one level as asserting that only God has life in and of himself. Everything else that lives borrows life from him; he alone is “the living God,” the source of all being, the one who necessarily exists and can never not exist. This truth, of course, is foundational to the pro-life teaching of the Church. All life belongs to God, and to take a human life is to attack God.
But in a more dynamic sense, the name “I AM” means “I AM for you, I AM on your side, I AM rescuing you from death and destruction.” Note the context in which God reveals this name to Moses: He is calling him to set the people free from slavery in Egypt. Note also the context in which Jesus claims this name in John 8: He is also promising to set the people free. The discourse begins with his assertion, “The truth will set you free” (Jn.8:31), and, as we have seen, includes the promise, “If any one keeps my word, he will never see death” (Jn.8:51).

God rescues his people from nothingness, and from violence like abortion. That is why the People of God are the People of Life. Rescued by Christ, we rescue our vulnerable brothers and sisters, and he rescues them through us.

PAVONE, Fr. Frank is an internationally known pro-life activist, speaker and author. He has led the Priests for Life movement since 1993. He has served at the Vatican’s Pontifical Council for the Family. Norma McCorvey, the “Jane Roe” of the U.S. Supreme Court’s decision Roe vs. Wade, called Fr. Pavone “the catalyst that brought me into the Catholic Church.” Priests for Life can be contacted at P.O. Box 141172, Staten Island, NY 10314. Phone: 718-980-4400; email: mail@priestsforlife.org; web: www.priestsforlife.org.

His Love
By: Frances Killen

His Love so Great fills all the Earth
But we have gone astray.
He looks upon us with compassion.
To draw us back within His Sacred Heart.

My Lord forgive me all that I have done
To wrong You and my fellow man.
Your Love so great fills all the Earth
And draws me back till we are One.

I taste the joy of Your loving-kindness,
Always patient, waiting for a heart to stir.
Your Sacrifice so pure and humble
I cannot comprehend it.

I kneel before Your Cross in awe,
Your Love so great You died to save us.
And now You Enter In to Your Glory,
From the dead You rose,
to win for us the Victory.
How can I ever thank You?

I am so weak, so small, so inadequate,
But through You I Enter In to Life Anew.
Your Grace and Mercy fill my heart
How can I ever thank You?
Faith vs. Worry

Needless worry and anxiety are two factors that effectively deter spiritual maturity especially where our relationship with Jesus Christ is concerned.

In St. Matthew=s Gospel, chapter 6, verses 25-34 Jesus urges us to be dependent on God. He asks the question, Aare we not worth more than the birds of the air?@ AWill the Father not provide for us?@ ADoes the Father not know what we need?@ AAnd why do we worry so much?@ AAnd tomorrow is another day.@

One of the perks of writing this column A Another Perspective@ is that I get a little latitude in ‘spinning’ so to speak my spiritual tires on gravel rather than the highway sometimes.

You note that I began this by writing about “needless worry or needless anxiety.”

I am not that naive to believe that life for most of us is always a “bed of roses.” It is not. And anyone who seriously seeks Jesus Christ will be tested and sorely tried. Firstly, the devil and our own personal demons will attack a person whose faith is ‘Christ’ focussed.

Worry is a perfect way to get us to focus on ourselves rather than on Christ. All of us have problems in one form or another. Perhaps it is cancer; perhaps it is a broken relationship, a toxic marriage, job insecurity, bills to pay, children or
elders requiring special attention constantly, as well as our own self-doubts and insecurities.

However, anyone who has had their ‘back to the wall’ will understand that worry truly never accomplished anything other than to deplete ones physical, mental, and spiritual reserves.

That is where Faith comes in.

For the most part when I speak with people in the various parishes that I come into contact with in my diaconal ministry, they are for the most part, well versed in the articles of faith. They know their prayers, the commandments, the precepts of the church, and willingly profess the tenets of the Apostle’s Creed. They do more than pay lip service to these beliefs.

However, in my respectful opinion, that is only one side of faith.

Faith to me really becomes faith when it is focussed on the persona of Jesus Christ and our absolute need for his presence in our lives.

Do I believe that he is my friend and ever present to me? Do I try to see the blessing in the moment of the current cross or challenge? Do I truly believe in my heart of hearts that Jesus does care about me and trust that he will walk with me no matter how painful or distressing the current moment may be.

There is not a single one of us who at one time or another has had difficulty sleeping because troubles and doubts are running through their minds while anxiety levels are high. You wake up and look at the walls and ask ‘what am I doing here? or where is God for that matter at this moment?’

Those are the moments that I believe one can take the true measure of their faith. Those are the moments of desolation when one has to be honest with oneself and ask can I do this alone, or do I need Jesus Christ?

For Christians the usual recourse is to abandon oneself to God implicitly hoping that in being true to his word, the cross will be no more than we can truly bear. We ought to have recourse to the virtue of hope for a brighter morning, and a clearer insight into the pain of the moment. And faith is required to trust that his grace is sufficient for us in order to face and cope with our problems.

It requires trust in God’s words, God’s teachings through Jesus Christ, and a quantum leap of faith to jump into the dark unknown trusting that God has retained us in his loving hands.

This sounds very well in words, written on this page, but they are tough at times to follow. Talk is cheap as the saying goes “actions do speak louder than words.”

Further let no one be deluded that testing will cease with age or wisdom. Testing is an ongoing presence in our lives and does not end while breath remains in our
body.

Peace will come, however, and it will come through prayer.

Prayer in these moments must by necessity be candid, brief, and a confession of our dependence upon God. Our urgent hunger and yearning for God and God alone ought to be the essence of such prayer.

The question for the pragmatic mind is that ultimately we are all alone. Ultimately we must stand before God all alone, and who besides God really possesses the unconditional love for us that most of us spend a life time seeking?

I recall two beautiful passages from scripture which in my darker times provided a sense of connecting with God

The first is the beautiful 23rd Psalm when the psalmist writes: Aeven though I walk in the dark valley, I fear no evil, for you are at my side. With your rod and your staff that give me courage.@

The second is that very intimate moment when Jesus asks the Apostle Peter if Ahe too will go away with these others.@ And St. Peter replied, AWhere else can we go Lord, you have the words of eternal life@ (John 6, vs.6 – 68).

True faith is trusting our relationship with Jesus Christ. True faith accepts the good times along with the bad times. True faith is surrendering when it seems impossible and crushing. But true faith is trusting that God indeed while he may be in his heaven, walks with me in the person of his beloved Son Jesus Christ, who suffered more in his walk than any of us could ever imagine. How could such a God deny his own promise to be ever with us as we walk our own way through life, to Calvary, and ultimately resurrection?
In preparing for the Catholic Charismatic Renewal Golden Jubilee in 2017, ICCRS has proposed that the next two years, 2014 and 2015, we focus on ‘fanning the flame’ and ‘grow in maturity.’

As leaders in the renewal, we need to seek the Lord both for ourselves and for those in our prayer groups, and regional service committees.

2Tim.1:6-7 states: “That is why I am reminding you now to fan into a flame the gift of God that you possess through the laying of my hands. God did not give us a spirit of timidity, but a Spirit of power and love and self-control.”

In those words, we see that it is all about maturity in the renewal, maturity in the use of the charismatic gifts and in formation. ICCRS suggests that we focus on:

1. - Encouraging people.
2. - Releasing the charisms.
3. - Fostering ecclesial maturity
4. - Protecting the Renewal
5. - Correcting errors.

Well if you think that your task as leaders is done, think again after prayerfully reading that! We have our focus for the next two years. I would like to suggest that anything that focuses on the five areas mentioned above is our vision and task nationally, regionally, and at the prayer group level. Here are some suggestions but certainly more can be added.

1. - Encouraging people: First, we have to encourage all the people who come to us, especially in deeper growth in holiness for the purpose of evangelizing others. What can you do as leaders to foster that? Secondly, find ways so that they can discover their gifts and therefore, serve fruitfully, be it hospitality, organization, teaching, prayer room ministry, etc. In other words, leaders have to build others up for deeper service in the Church and in the world. It is not just about taking care of prayer meetings. Leaders have to be fully committed to the Catholic Charismatic Renewal.

2. - Releasing the charisms: At a 2013 Atlantic Conference, Michelle Moran called those did not speak in
tongues to come forth for prayers. She was astounded at how many came forward at a Charismatic conference gathering! Leaders, pay attention to your members and have occasions to help people release this gift in them. For as Michelle said we must never put aside or neglect the gift of tongues for it is the door that opens the person to all the other Charismatic gifts of the Holy Spirit. Teach again on these Gifts! Do not neglect the call of the CCR to equip people with the Charismatic Gifts of the Holy Spirit! If we don’t, who will? It is of great importance! And do not neglect yourselves and those already exercising the Gifts to go deeper in maturity.

3. **Fostering ecclesial maturity:**
The leadership at the diocesan and regional levels needs to find new ways to approach the Bishops and offer our services in the New Evangelization. The laity has something to offer! We need to establish good, firm, solid relationships with our bishops. We need to inform them on what we are doing and what we can offer in the New Evangelization.

4. **Protecting the Renewal:**
Leaders do not abandon the Renewal to go serve elsewhere within the Church. It is your duty to ensure that the Renewal will continue in future generations. Find new ways! Michelle Moran said emphatically that we need to protect and nurture our charism: “Baptism in the Holy Spirit.” Teach and pass on to others how to exercise new ways to give Life in the Holy Spirit, even in our homes. Michelle also exhorted us not to neglect the gift of praise of our God! We know and understand far more deeply how important this gift is to our spiritual and missionary life.

5. **Correcting errors:** Leaders cannot be afraid to correct those under their care! We cannot leave errors unchecked for it deadens and blocks the working of the Holy Spirit in our midst. As well, it is a terribly unloving thing to do to not correct. Prayer on how to approach the person is always necessary. Correction needs to be done gently yet firmly for the good of the person. Sometimes it has to be done for the good of the entire group, especially when the correction is not heeded. Leaders need to grow in their approach to correcting others.

Well leaders, lift up your heads and praise the Lord that he is calling you still and desires to use us in spite of ourselves in his glorious Church! For the Lord is looking for greater maturity in the leadership too. Seek occasions that will give you deeper training such as the Leadership Training Courses (LTC) that ICCRS is giving. For example: LTC in Trois Rivieres Quebec, 29 May-June 6, 2014 (English available); Pray for an English LTC to come to Canada too. LTC in New York, 23 Feb. - 2 March, 2014. All ages are welcomed to these for the prosperity of future generations. As well, a “Great Gathering of the CCR Family in Uganda, 30 June- 6 July, 2014. Check ICCRS website. Pray to see if the Lord is calling you!

**BALESTRINI-VIZARD, Elaine** has been married to David for 40 years and will be celebrating their anniversary May 5, 2013. She is the mother of five loving children and seven grandchildren. She has worked as a nurse for over 30 years. She enjoys bible studies with family and friends and alone time with her Lord and Saviour.
This simple but beautiful storybook serves as a basic catechesis on angels that will delight children and adults alike. It is a semi-fictional narrative of the angelic creation story, “In the very beginning before Adam and Eve and the human race existed, and before the stars and the heavens were born [and] God existed unto himself” (p. 1).

Before the Beginning serves as a thoughtful representation of how it might have been that the Trinity created the angelic beings, one that is based on the writings of the Angelic Doctor, St. Thomas Aquinas, and rooted in Sacred Scripture. The book provides an explanation of the nature of angels, followed by an imaginative account of the creation of the nine choirs of angels: Seraphim, Cherubim, Thrones, Dominions, Powers, Virtues, Principalities, Archangels, and Angels. It narrates the story of the battle of St. Michael the Archangel with Lucifer and his minions, and culminates with the creation of the world and all material beings ending with Adam and Eve. A glossary of the nine choirs of angels is provided at the back of the book followed by the Prayer to St. Michael the Archangel. Illustrations by Kelly Ulrich are rich, colourful, and majestic. They assist the reader to picture the reality of angels, which is for many of us, beyond our imagining. The book was designed for children ages seven and up, but it can also be enjoyed by teens and adults. It was very meaningful for me personally as it helped me picture the mystery of the creation of angels, as taught by the Church, but imagined through the eyes of a child. It is available in paperback or e-book at Amazon.ca, Chapters.ca, Catholicchapterhouse.com, or FriesenPress.com. Further information can be obtained at www.beforethebeginning.ca.

CAUCHI, Jennifer is currently studying at St. Augustine’s Institute of Theology in Toronto. She and her husband Geoff live in Oakville, Ontario and are members of St. Andrew’s parish and prayer group.

Ronald Rolheiser is a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a popular speaker and writer along with having a weekly column in more
than seventy newspapers around the world.

Father Rolheiser quotes St. Augustine, “You have made us for yourself Lord, and our hearts are restless until they rest in you.” This quote summarizes the basics of this book as the author states “We are made for intimacy with each other and with God.”

Throughout his book the author writes about our struggles with prayer and how modern day life interferes with this aspect of our life. We are too busy, we have too many gadgets that monopolize our time and we are more drawn to them from the moment we wake until the moment we go to bed at night.

Father Rolheiser explains the ebbs and tides of prayer. He writes about the struggle we have in prayer, which could be boredom and distraction. I often have a difficult time with this, struggling to bring my mind and heart back over and over again as I try to sit in the presence of God. Sometimes I am able to stay in prayer, other times I struggle. The author explains that these natural struggles when in prayer are common. He writes about why we struggle, and that there are times for “high celebration, variety, novelty, spontaneity and long ceremonies. There are also times for ordinary time...for prayer that respects our energy level, work pressures and time constraints.”

The author also states that all too often we don’t tell God what is really going on in our lives; we tell him what we think he wants to hear. With all our struggles Father Rolheiser puts an emphasis on the importance to pray, and to try to pick a time during the day or night where we are more likely to sit, even if it’s only for five minutes, but to take that time to honestly talk to God.

Within the pages of this book there are six chapters and an appendix at the end. The six chapters are: Struggling in Prayer, Hearing God’s Voice in Prayer, Understanding Priestly Prayer, Practicing Affective Prayer, Growing to Maturity in Prayer, Listening to God’s Heartbeat. The Appendix: Resting in God’s Presence.

Most chapters are filled with information and words I have heard before yet remain new, words I needed to hear again. The chapter, “Understanding Priestly Prayer” gave me insight into the world of a Priest. I found this chapter very interesting as the author explains the meaning of what he does and why he does it in the embrace of God and his church.

As I read this book I came to realize the importance and kind encouragement the author was writing about prayer. I also realized that although rooted in Catholicism, this book was written for people of all walks of life.

On the back cover of the book I read, “Finally, the book takes us to a place of contact and comfort, in relationship not only with God but with our true self as well.” This summarizes this book perfectly.

I enjoyed reading and contemplating the words of the author, and as I said before, most of the words I have heard before. Somehow this book dug deep into my heart especially since I have been struggling with health issues. Father Rolheiser
I was not surprised at the author’s title for this book, as his first one was titled Sinner, however it is a far jump from Sinner to Saint, and yet Mr. Rulli seems to think he should be canonized right away. Knowing Mr. Rulli (The Catholic Guy on SiriusXM Radio) through his writings and radio show, I knew that this is his attempt on the side of humour. Having read his first book Sinner I was looking forward to reading this book, knowing the author’s humour would shine through keeping the reader’s attention on his message.

Although Sinner had many more moments of shoulder shaking laughter, this one did not. My shoulders didn’t shake once, although I did laugh a few times. If you have ever listened to Mr. Rulli on the radio you will know of his warped sense of humour, and at times you might question the validity of his faith, especially if you only tuned in for a few minutes.

Mr Rulli has a master’s degree in theology, has won awards, and has been blessed to be in the presence of a couple of Popes, along with having friendships with Cardinals, Archbishops, well let’s just say, he has been blessed. You would think the author has it together but he does not hold back on the reality of his life. Where Sinner ended Saint

You can find this book at your local Christian Book Store for approximately $12 Amazon.ca/com has it for a little under $10 Kindle price is $8.46

God Bless you!

Balestrini-Vizard, Elaine has been married to David for 40 years and will be celebrating their anniversary May 5, 2013. She is the mother of five loving children and seven grandchildren. She has worked as a nurse for over 30 years. She enjoys bible studies with family and friends and alone time with her Lord and Saviour.

I encourage you to buy this book. It is a walk to a stronger prayer life. It is an honest and kind reminder of where we should be, and that prayer truly is “OUR DEEPEST LONGING.”
began, continuing on in the deep honesty and reality of his life. He encourages the reader with his own personal stories of his failures and triumphs so that the reader may realize that everyone has spiritual struggles.

As I read this book I felt more like crying than laughing. I marveled at the deep desperation of his youthful life that followed him through into adulthood. As I stated Mr. Rulli does not hold anything back, his life is an open book for all to read, literally.

You will read of how his low self-esteem still follows him like his shadow even through his successful professional life. Throughout his youth he drank, used drugs, did everything a good Catholic boy should not, along with having negative and traumatic experiences that helped form his adult life.

Through many of these experiences Mr. Rulli suggests that he should be canonized a Saint as those who have become Saints have often suffered. Most of all he writes about his spiritual struggles of his faith hoping that you, the reader, will seek holiness with God’s help, and that you too will become a saint.

Inside the pages you will find personal photos and insights. You will read of his personal recollections of Pope John Paul II and of his funeral. You will live through his words of what it’s like to be in the crowd when it comes to appointing a new Pope.

This book will open your eyes to the goings on of the Church as seen through his eyes. Most of all you will come to know that whoever you are, wherever you are in your faith walk, God will help you to grow in holiness and all you have to do is ask.

The last paragraph of this book Mr. Rulli writes about the Lord chasing him and that sometimes he chases the Lord; but the only time he will stop running is when he goes home to be with the Lord, and that is when he will truly be called a Saint.

I loved this book; the pure honesty of the author’s words touched my heart over and over again. I encourage you to pick up a copy at your favourite Christian book store, or on Amazon.ca/com, the cost is slightly under $20

Kindle price is just under $10

BALESTRINI-VIZARD, Elaine has been married to David for 40 years and will be celebrating their anniversary May 5, 2013. She is the mother of five loving children and seven grandchildren. She has worked as a nurse for over 30 years. She enjoys bible studies with family and friends and alone time with her Lord and Saviour.
Membership and Donation Form

C.C.S.O. Bread of Life Renewal Centre
P. O. Box 127 Burlington, ON, Canada  L7R 3X8  (905) 634-5433

Please start/renew my membership

☐ $35 (one year)
☐ $40 (one Year outside Canada)

Please indicate if you are:

☐ Renewing membership
☐ Making a Donation

In addition, for the support of the Ministry Activities of the Bread of Life Renewal Centre I would like to make my tax-deductible gift offering in the amount of:


Total amount of my cheque for my membership and my tax-deductible gift offering:


Please print CLEARLY

Title (e.g., Mr., Mrs.)  First Name  Last Name

Street Address / P. O. Box

City  Province/State/Country  Postal/Zip Code

Area Code and Telephone Number  E-mail Address

☐ VISA  ☐ MasterCard

Credit Card Number

Signature  Expiry Date

Cheque:
Please make cheque payable to:  C.C.S.O. Bread of Life Renewal Centre
P.O. Box 127, Burlington, ON  L7R 3X8

905-634-5433  info@thebreadoflife.ca  www.thebreadoflife.ca
## The Bread of Life - Resources

Please make cheques payable to:  
C.C.S.O. Bread of Life Renewal Centre  
P.O. Box 127, Burlington, ON L7R 3X8

### Credit Card Information

Select Credit Card Type  
[ ] Visa  
[ ] Mastercard

Credit Card Number  
Expiry Date

Signature

Phone: 905-634-5433  
info@thebreadoflife.ca  
www.thebreadoflife.ca

### Price List

<table>
<thead>
<tr>
<th>Description</th>
<th>Quantity</th>
<th>Price Per Item</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Books</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Explosion of Fire - Father Peter Coughlin</td>
<td></td>
<td>10.00</td>
<td></td>
</tr>
<tr>
<td>The Healing Ministry of Jesus Christ Continuing in the Church Today</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>- Father Peter Coughlin</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Fire in My Heart - Father Peter Coughlin</td>
<td></td>
<td>10.00</td>
<td></td>
</tr>
<tr>
<td>Understanding the Charismatic Gifts - Father Peter Coughlin</td>
<td></td>
<td>5.00</td>
<td></td>
</tr>
<tr>
<td>He’s Alive II: Personal Stories of Faith, Conversion and Renewal - Edited</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>by Father Peter Coughlin</td>
<td></td>
<td>10.00</td>
<td></td>
</tr>
<tr>
<td>Fire in the North: A History of the Catholic Charismatic Renewal in Canada</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Richard Dunstan</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Guidelines on Prayers for Healing (ICCRS)</td>
<td></td>
<td>5.00</td>
<td></td>
</tr>
<tr>
<td>Life in the Spirit Seminar Materials</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baptism in the Holy Spirit (ICCRS)</td>
<td></td>
<td>10.00</td>
<td></td>
</tr>
<tr>
<td><strong>DVDs (Video)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Charismatic Gifts of the Holy Spirit – Set of 3 DVD series - Talks by</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Father Peter Coughlin</td>
<td></td>
<td>30.00</td>
<td></td>
</tr>
<tr>
<td>Life in the Spirit Seminars – Set of 2 DVD’s - Talks by Father Peter</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coughlin</td>
<td></td>
<td>25.00</td>
<td></td>
</tr>
<tr>
<td><strong>CDs (Audio)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2012 Day of Renewal - Stir the Heart</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A Future Full of Hope – Dr. Josephine Lombardi</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Capture His Vision – Fr. Scott McCaig</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Jesus’ Loving Embrace – Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Stir the Heart – Jim Ruta</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>2011 Day of Renewal - Tell the Story</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Let’s Go Fishing – Bishop Douglas Crosby</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>I Call You My Friends – Fr. Kenneth LeBlanc</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Tell His Story – Jennifer Cauchi</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>2010 Day of Renewal - Live Your Gifts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>It’s All About Relationships – Greg Moulaison</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Let Go and Let God – Father Bill Trusz</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Live Your Gifts – Dr. Josie Lombardi</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Live Your Faith – Bishop Gerard Bergie</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>2009 Day of Renewal - The Joy of the Lord</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Don’t Worry, Rejoice - Dr. Josephine Lombardi</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>God Provides – Pat Riley</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>The Joy of the Lord – Father Dennis Hayes</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Joy in Hard Times – Bishop Gerard Bergie</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td><strong>Personal Growth Talks and Homilies</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Healing of the Family Tree - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Discernment-Armour of the Lord - Rev Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Redemptive Suffering - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Spiritual Warfare - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Praying for Healing - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td><strong>Today’s Climate of Faith - Rev. Dr. Peter Coughlin</strong></td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Our Centre-Boundaries - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>True Worship - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Choose Wisely - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Answered Prayer - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Dealing with Life’s Problems - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Healing of Memories - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Angels - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Calling Forth Your Gifts - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Inner Healing - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Jesus in the Family - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>Renewed Faith - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
<tr>
<td>My Witness - Rev. Dr. Peter Coughlin</td>
<td></td>
<td>8.00</td>
<td></td>
</tr>
</tbody>
</table>

* Prices do not include Shipping & Handling  

Shipping & Handling $  

Total of Cheque or Credit Card Enclosed $